

## How to get to us

### By underground

We are located between Earl's Court (District and Piccadilly lines) and Gloucester Road (District, Piccadilly and Circle lines) tube stations, a few minutes' walk from both.

### By rail

We are about 10 minutes' walk from West Brompton rail station.

### By bus

Buses run south along Earl's Court Road and north along Warwick Road. The routes are 74, 328, C1 and C3.

### By car

There are parking meters opposite us (maximum stay two hours) and further south along Knaresborough Place adjacent to Courtfield Gardens (maximum stay four hours), currently at £3.00 per hour.

## How to book a course

Places are payable in advance by credit or debit card. Please note that these payments are non-refundable and that places are strictly limited, so please book early to avoid disappointment by contacting the Chambers Manager, Charlotte Smith, at

[charlotte@themedicalchambers.com](mailto:charlotte@themedicalchambers.com)

Charlotte is also available to answer any questions on 020 7244 4204.



**The Medical Chambers Kensington and  
La Clinique Française**  
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the medical  
chambers  
KENSINGTON

la clinique  
FRANÇAISE

**Could you save  
your child's life?**



## New training courses for parents nannies au pairs and babysitters...

Mother and Baby Magazine questioned 2,000 parents about their ability to save their child's life in an emergency. The results are depressing.

- 55% lack the skills necessary to save their child in a life-threatening accident
- 72% would not know how to assist an unconscious child, administer CPR or deal with burns and scalds
- 80% with children aged between six and nine would not have a clue how to deal with a medical emergency
- Only 19% had been on a first aid course in the previous five years

## We can help

The Medical Chambers Kensington/La Clinique Française is now offering first aid and resuscitation training courses for parents, nannies, au pairs and babysitters. Courses are a maximum of 8, are fun and non-threatening. Very importantly, we allow plenty of time for hands on practice using training dummies and for questions and discussion. Class notes and Certificates of Attendance are issued.

## Baby and child resuscitation and first aid training

This is our entry level course and takes 2-3 hours.

You will learn how to respond confidently to a child or baby who is unconscious, not breathing or is choking. It includes:

- First aid priorities
- How to recognise the unwell child
- How to assess the unconscious child
- How to perform CPR (cardiopulmonary resuscitation)
- How to place a baby or child in the recovery position
- How to recognise and treat choking
- How and who to call for help in these situations

## Who should attend?

- Parents...both of you
- Nannies
- Au pairs
- Child minders
- Babysitters
- Grandparents...both of them

## Course dates times and costs

- **Baby and child resuscitation and first aid training**

**Saturday 7 October 2017**

from 1000 to 1200

£50 per person

Courses are run by RAMC Ltd, Resuscitation and Medical Consultancy Ltd, whose team is made up of Doctors, Nurses, Midwives and Paramedics. All of their trainers are in clinical practice and so bring their day-to-day experience of managing illnesses, accidents and injuries to the training. All are highly qualified in emergency care and paediatric resuscitation, many teaching on the international resuscitation circuit.

Further baby and child first aid training is planned for November and December 2017. Please register your interest by emailing the Chambers Manager, Charlotte Smith at

[charlotte@themedicalchambers.com](mailto:charlotte@themedicalchambers.com).